



## Claire Davies Hairdressing Ltd

# Hair Extension – Information & Do's & Don't

- **1<sup>ST</sup> APPOINTMENT PLEASE BOOK A FULL HAIR EXTENTION CONSULATION**
- **To confirm your Extension appointment we take a 50% deposit.**
- **For Full Extension Price List details, see our Price List Page**
- **On completion of your appointment, your excess hair is yours to take home for safe keeping**

### **PRE APPOINTMENT**

Please ensure that your natural hair is washed prior to installation. This is to remove any residue, including product build up, oil and pollution. Your hair must be free from any kind of conditioner or styling products. A small amount of conditioner can be applied to the ends only if necessary. Your hair must be fully dried and straightened before installation. This will provide a clean surface to allow the extensions to adhere correctly and prevent them from sliding and becoming loose.

### **AFTER CARE**

You have had your gorgeous new hair extensions fitted, so what is next?

Taking good care of them and making them last.

Your hair extensions will require regular maintenance to keep them looking healthy and nourished. Providing each step is followed correctly, your hair will last its full lifetime without any problems and will continue to look beautiful. Remember this is human hair, so you will need to look after it just like you would with your own hair. Regular maintenance should be carried out within a minimum of every 8-12 weeks by your fitter. This is to ensure the hair is looking at its best. We recommend that you do not wash your hair within the first 2-3 days after having them applied. Allowing the extensions to set properly will ensure the maximum lifespan of the product. We would recommend using a hair mask or treatment once a week to help to keep the extensions soft and shiny. You may notice immediately after that your scalp is feeling tender and sore. Don't panic, this is normal and will subside within a couple of days, this is due to the extra weight on your hair. It is ok for the hair to air dry although the extension bond must be fully dried after washing. On a regular basis, gently separate the bonds with your fingers to help prevent matting and tangling.

### **BRUSHING**

**Dry Hair** - It is important to use a hair extension brush or tangle teaser on the extensions. When hair is fully dry, gently brush through thoroughly in a downward direction. Please make sure bonds are held when brushing to prevent excess tugging and to prevent forcible removal of the bonds. Gently brushing your hair thoroughly at least once or twice a day will prevent knotting and matting.

**Wet Hair** - When your hair is wet it is at its most fragile state. Only use a wide-tooth comb lightly on the extensions to separate the strands. After you have towel-dried your hair, brush very gently in a downward direction, using a wide-tooth comb to remove any excess knotting.

### **STYLING & BRUSHING**

Heat can be used on the extensions with the use of a good quality heat defense spray. Hairsprays, serums and gels may be used on your hair extensions. Please make sure you avoid all bonded areas, as this may result in slippage.

### **SLEEPING**

It is recommended that you tie your hair in a loose ponytail or plait before sleeping. This is to prevent unnecessary tangling. You should never go to bed with wet hair.

### **Extension Q&A**

#### **Q How long will it take to add hair extensions to my hair?**

**A** This will depend on the results you are going for and therefore how many extensions it will take to achieve that particular look.

On average a thickening process could take 2-3 hours. This information regarding timings and costs will be discussed when you have your initial consultation.

#### **Q Will people be able to tell that I am wearing extensions?**

**A** Hair extensions can look totally natural with no one needing to know except you

#### **Q. How long does my hair have to be to have hair extensions?**

**A** At least 4-5 inches at the nape of neck to ensure a natural blend.

#### **Q How much will it cost to do my Extensions?**

**A** That will depend on the choices you make with the stylist at your consultation. Please see our Price lists

#### **Q. Will my hair look natural?**

**A** All the hair extensions are colour matched to each individual clients hair colour & the results needs. Once the hair is fitted they will be blended for a natural effect. Great care will be taken to blend every clients hair so that no one will know you are wearing hair extensions.

#### **Q Will Extensions damage my hair?**

**A** This is a frequently asked question. When extensions are applied properly, there is virtually no reason why they would damage your hair. Hundreds of women have used extensions to grow their own hair to a desired length with no adverse effects. However, not all hair is suitable for extensions. The safety of clients hair is paramount & stylists take precautions to ascertain the suitability of your hair before commencing with the extensions. Everybody experiences normal hair shedding, please do not worry, this is also entirely natural. You will notice on your hairbrush, whether you wear extensions or not, we shed between 70 to 100 hairs a day so this will add up to around 3,000 hairs a month, so this rate of growth and renewal is entirely normal.

#### **Q How long will my extensions last for?**

**A** This will depend on the origin of hair you choose. Again, this will depend on the aftercare & upkeep. If heat is used frequently on the hair, then this decreases the lifespan & integrity of the extensions.

#### **Q What appointments do I need to make, after I have had my hair extensions fitted?**

**A** It is advisable that your hair extensions are refitted every 8-12 weeks, due to the natural hair growth. This is removing them one by one and replacing back to the roots again using the same hair and maybe adding new every time leaving them feeling fresh again.

**Q Can I wear my hair up whilst wearing hair extensions?**

A Yes , you can style your hair as you normally would with your own hair. Look at being creative with your new longer hair. Talk to the stylists to help you with some new looks & ideas

**Q Can I just add highlights?**

A Yes you can. It is an effective way of enjoying extensions & you can enjoy instant colour that your stylist might otherwise feel would be too damaging to apply chemicals to your own hair. Having extensions, no colorants are used. Leaving you free to either opt for subtle highlights / lowlights or even add bold neon's, reds, blacks, blues, yellows, pinks, and greens. The choice is yours!

**Q Should I give my hair a rest between extensions?**

A No need, once properly applied and removed. Your own hair should remain undamaged. Clients mostly prefer to have their extensions removed and replaced on the same day, so that there look continuously the same.

**Q Can I bath, shower & swim? What about wind and rain? Can I play sport in my new extensions?**

A Your hair extensions should only get wet when being washed in the shower. Going swimming with the seawater and chlorine may cause damage the hair as it dries the hair and can cause the hair to discolour. Put your hair up and avoid getting the wet. It is best to only wash your hair in the shower and not in the bath. You can certainly be out in the wind and rain whilst wearing your hair extensions. Remember to brush and dry where needed. Exercising is completely fine, however, if you do get sweaty & hot then please wash and dry your hair afterwards.

**Q What about sun and salt-water damage?**

A In the sun, then please cover your hair extensions as the sun can cause discolouration to the extensions including sea salt water.

**Q What happens if I don't like my new extensions?**

A On the rarely occasion this happens, or if you are unhappy, we strongly advise you to let us know as soon as possible and we can arrange the removal of your hair extensions without damage or residue, leaving your hair just as it was when you started.

**Q What happens when extensions are removed and can I do it myself?**

A The removal of your hair extensions should be done safely and efficiently without any damage. Your trained professional stylist should only do the removal of your hair extensions. Please discuss at your consultation

**Q Can my scalp still be able to breathe naturally with extensions?**

A Hair extensions are fitted close to the hair roots and scalp allowing enough space for movement so you will be able to feel and touch your scalp as normal.

**Q Do I need to buy expensive shampoos and conditioners?**

A We can recommend products for hair extensions.

**Q Can I use a hairdryer, hot rollers and other styling equipment?**

A Yes, you can use all of the above with real hair. It is essential to use heat protector to protect the hair and your own hair from heat damage. Remember, the more heat on the hair extensions the likely the life of the extensions with decrease.

**Q. Is it safe to leave my hair to dry naturally?**

A We recommend dry your top hair extensions when you wash leaving the rest to air dry.

**Q Looking at a new hair colour, how will that match up with my extensions?**

A Any extension hair can be matched perfectly to your own. Your roots can be refreshed before extensions are added, or you if your looking for a complete change of colour we can colour your own head and then order you fresh new hair extensions.